



# Adaptability Intelligence (AQ) MasterClass

“The most important factor in survival is neither intellect nor strength, but adaptability.” Charles Darwin

**Adaptable leaders have the flexibility to adapt to new situations, handle change with ease, and balance multiple demands. They can meet challenges *as they arise* and adjust their strategy based on what’s needed most.**

**The AQ MasterClass is designed to boost the Adaptability Intelligence of your leaders by equipping them with the skills they need to deal head-on with disruption and remain calm, composed, and connected in these VUCA times.**

## Rationale

It’s no secret that the world is changing at an exponential rate, requiring us to learn and adapt faster than ever before. Potent forces have combined to create a volatile landscape characterised by uncertainty, ambiguity, and change, exposing organisations to unprecedented levels of risk and vulnerability.

It’s becoming clear that our comfortable, classic models of leadership don’t work in this constantly changing climate, and the skills and behaviours we’ve honed for decades seem to become obsolete overnight in the face of new and unexpected threats. Enter AQ, a set of skills defined as the ability to pivot and flourish in an environment characterised by fast and frequent change.

# Growing Greatness

KNOWLEDGE X-CHANGE  
CENTRE OF LEADERSHIP EXCELLENCE

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## Target Audience

The AQ MasterClass is designed to equip leaders across your organisation with the skills they need to deal with the immediate impact of sudden shifts, prepare their teams to adapt to changing conditions, and proactively redefine strategies and tactics for the future. It will resonate deeply with *Novaturients* — those who seek to bring about powerful change in their lives and organisations.

## Content Outline

- **Module 1: Hyperawareness:** Building your curiosity, connectedness, and scenario planning acuity
- **Module 2: Leadership Agility:** Honing your learning agility, change agility, and resilience
- **Module 3: The Innovation Catalyst:** Fostering creativity and collaboration to speed up innovation
- **Module 4: The Change Enabler:** Combining change management and leadership to achieve lasting transformation in record time
- **Module 5: The Impactful Communicator:** Articulating direction and inspiring confidence to increase influence and galvanise teams
- **Module 6: I am Human:** Developing a repertoire of interpersonal skills that build trust and engagement

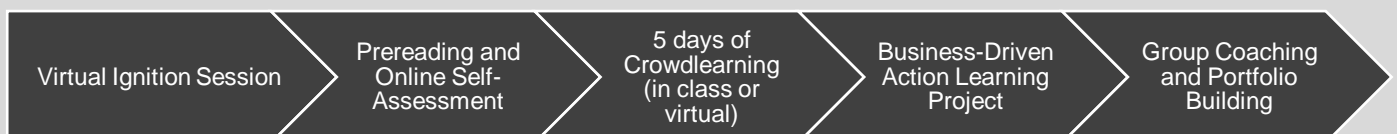
## Duration

Five days of immersive knowledge X-Change and dialogue followed one month later by a group coaching and portfolio building session.

## Credits

The AQ MasterClass is an accredited skills programme. Participants complete a workplace project in order to compile a Portfolio of Evidence for assessment against registered unit standards.

## MasterClass Structure



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# The Greatness Effect

