



Growing Greatness
Leadership MasterClasses for the Fourth Industrial
Revolution

Immersive Leadership Development Experiences
Designed for the Novaturient

MasterClass #2
The Agile Leader: Embracing Disruption in the Digital Age
NQF Level 5

Executive Summary

Faculty of Management Sciences

Learning Programme Title	The Agile Leader: Embracing Disruption in the Digital Age
Learning Programme ID	15096
Registration End Date	2023-06-30
Last Date for Enrolment	2024-06-30
Duration	3 Days
NQF Level	5
Minimum Credits	5

Knowledge Leadership Management

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Learning Assumed to be in Place	There is open access to this unit standard.
Originating Qualification	National Diploma: Project Management NQF Level 5 (NLRD 58309)

Programme Unit Standard

ID	Unit Standard Title	Level	Credits
15096	Demonstrate an understanding of stress in order to apply strategies to achieve optimal stress levels in personal and work situations	5	5
Total			5

Course Synopsis

Today, organisations face new challenges as they compete in a business environment characterised by constant, rapid and unpredictable evolution. They need agile, resilient, adaptable leaders in order to move ahead successfully in these volatile times.

The Agile Leader is part of Leadership MasterClasses for the Fourth Industrial Revolution, a transformational set of learning experiences designed to equip leaders with a new set of leadership skills to keep up with the rapid pace of change and embrace new, integrated ways of working.

On completion of this MasterClass experience, leaders will be equipped with a practical framework to deal head-on with real-world disruption and remain calm, composed and connected in the face of relentless VUCA conditions.



Target Audience

The Leadership MasterClasses for the Fourth Industrial Revolution are designed for leaders and champions of change who are accountable for identifying and driving the complex and strategic changes required for businesses to access future business opportunities.

This highly impactful MasterClass is beneficial to the following Sectors:

- Private Sector
- Public Sector
- SMMEs
- NGO/NPOs

KLM Empowered

Specific Outcomes	Content Outline
<ul style="list-style-type: none"> ▪ Describing stress in personal life and work situations. ▪ Analysing the causes of stress in personal life and work situations. ▪ Describing reactions to stress. ▪ Applying strategies to manage stress in personal life and work situations. 	<p>Agility in a VUCA world</p> <ul style="list-style-type: none"> ▪ What is agility? ▪ Exploring ways to become more agile in a VUCA world ▪ Dealing with disruption: adapting to survive and thrive ▪ Agility in action <p>Managing stress in a VUCA world</p> <ul style="list-style-type: none"> ▪ Understanding the causes of stress ▪ Understanding your responses to stress ▪ Applying key strategies to managing your stress <p>Building resilience in a VUCA world</p> <ul style="list-style-type: none"> ▪ Understanding the importance of resilience ▪ Steps to becoming more resilient ▪ Building resilient capabilities and skills ▪ Building resilient self-care practices